

PHC SUPPORT GROUPS // Support Groups meet on Monday evenings at 6:30pm-8:00pm. It is recommended to call or email prior to attending your first group.

602.866.8850 | support@pureheart.org | 14240 N 43rd Ave. Glendale, AZ 85306

WOMEN'S

BeLoved // For women that have been hurt in any way by their husband's sexual sin. We want to see hearts healed through prayer, consistent support, and God's love.

Divorce Care for Women // A friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Don't go through separation or divorce alone.

Women's Ongoing Trauma Recovery // Christian counseling support group for women who grew up in dysfunctional households. We want to partner with you in managing topic stress, overcoming trauma, and connecting with God in a more powerful way.

Women's Recovery // Women who struggle with chemical and other types of addictive issues that control their life. Come receive acceptance, support, love, and direction. Women are guided toward a balanced lifestyle of Christian discipleship and accountability using scripture renewal of the mind and 12 steps to assist in achieving sobriety and serenity.

Women's Support Group // A general group where a variety of different topics, stories and issues are discussed and shared by the group members and the facilitators. Our Women's Group is a unique place for you to join with other women and be able to process and discuss issues that can range from a destructive relationship, childhood abuse, depression, and anxiety to disordered eating habits, addictive behaviors, and even health issues.

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MEN'S

Men's Chemical Dependency // Men struggling with chemical and other types of addictive issues that control their life. Come receive acceptance, support, love, and direction. Men are guided toward a balanced lifestyle of Christian discipleship and accountability using scripture, renewal of the mind, and 12-steps to assist in achieving sobriety and serenity.

Men's Ongoing Trauma Recovery // Christian counseling support group for men who grew up in dysfunctional households. We want to partner with you in managing stress, overcoming trauma and connecting with God in a more powerful way.

Revive 40 // The Men's Transformation Group will give you the encouragement to stay away from sexual immorality and the support, and accountability as you learn to control your own body in holiness and honor. 1 Thessalonians 4:3-4

ADULTS'

GriefShare // A program with direction and purpose. With GriefShare you will learn to walk the journey of grief and be supported on the way. It is a safe place where grieving people find healing and hope.

Parents of Addicted Loved Ones (PAL) // A group of parents helping parents. We offer education and support for parents who are dealing with a child battling addiction. PAL can also be helpful for those dealing with an addicted spouse. All sober family members and friends, 18 or older are welcome at our meetings.

Living Grace // A support group offering a safe space to share and acquire tools to manage **mental** health, anxiety, depression and other challenges.

Healing Hearts // A safe place for any man or woman navigating pregnancy loss & abortion grief. You are not alone. Whether you've experienced miscarriage, stillbirth, infant loss or abortion trauma, we welcome you with compassion and without judgement. Healing Hearts is a gentle Christ-centered space where you can grieve, process and find hope in the company of others who understand. Here, healing unfolds at your own pace. We believe God meets each of us tenderly through community, through His Word and through the quiet strength of being heard.

CHILDREN'S

Life Builders // A faith-based enrichment group for children K-6th grade. This group teaches life skills covering emotional, mental, physical, social, and spiritual aspects of life. We use scriptures, songs, activities, games, and bible lesson applying God's word to our feelings, thoughts, and behaviors.

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